

WOMEN OF MIDDLE AGE

Mrs. Quinn's Experience Ought to Help You Over the Critical Period.

Lowell, Mass.—"For the last three years I have been troubled with the Change of Life and the bad feelings common at that time. I was in a very nervous condition, with headaches and pain a good deal of the time so I was unfit to do my work. A friend asked me to try Lydia E. Pinkham's Vegetable Compound, which I did, and it has helped me in every way. I am not nearly so nervous, no headache or pain. I must say that Lydia E. Pinkham's Vegetable Compound is the best remedy any sick woman can take."

—Mrs. MARGARET QUINN, Rear 259 Worthen St., Lowell, Mass.

Other warning symptoms are a sense of suffocation, hot flashes, headaches, backaches, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness, inquietude, and dizziness.

If you need special advice, write to the Lydia E. Pinkham Medicine Co. (Confidential), Lynn, Mass.

MICE CARRY DISEASE

Kill These Pests By Using **STEARNS' ELECTRIC PASTE**
U. S. Government Buys It
SOLD EVERYWHERE—25c and \$1.00

THREE DEER WITH ONE SHOT

This Remarkable Record Was Made in 1830 by Man Whom Court Excused.

John Carleton of Newark, N. J., writes to the New York Sun as follows: "I have been told that in two instances in Maine during the last hunting season two deer were killed with one shot. Has such a record been surpassed?"

Yes, three deer killed with one shot is recorded in the report of the Massachusetts fish and game commission for 1912-13-14, which reads as follows: "About the year 1830 John Rider of Plymouth killed three deer at one shot in that town. It was in a summer season in a rye field. It was out of season by law to kill deer. The superior court, then in session in that town, excused the man on the spot, it being in protection of his standing grain."

A Delicate Situation.

"Well, how do you like your new cook?"

"We are highly pleased with her, but a temporary quietus has been put on our family arguments."

"How is that?"

"You see, we haven't found out yet whether she sympathizes with the entente or the central powers and we don't dare to express an opinion that might cause her to leave."

There are self-made women, too, but you never hear them bragging about it.

Old Fashioned Ideas

are being supplanted daily by newer and better things. This is particularly true where health and efficiency are concerned.

In hundreds of thousands of homes where coffee was formerly the table drink, you will now find

POSTUM

It promotes health and efficiency, and the old time nerve-frazzled coffee drinker soon gives place to the alert, clear-thinker who drinks delicious Postum and knows

"There's a Reason"

No change in price, quality or size of package.

FARMERS WILL GROW BEANS

The State Board of Agriculture is Receiving Many Inquiries About Cultivation of This Crop.

"Judging from the large number of requests for information about bean growing," says W. L. Nelson, assistant secretary of the Missouri Board of Agriculture, "many farmers are thinking of planting beans this season. The reason for this is that beans are now selling at record prices—\$6 to \$7 per bushel. These prices are due to the export demand resulting from the European war and to heavy losses from excessive moisture and early frosts during the 1916 season.

"The 1916 commercial bean crop of the United States amounted to 8,846,000 bushels, grown principally in Michigan, California and New York. The average yield was 9.4 bushels, the December farm price was \$5.06 per bushel, as compared with \$2.26 two years previous. In Ontario, where about three-quarters of a million bushels of beans are grown annually, the yield for 32 years has averaged 17 bushels, with \$1.25 as the average price.

"A bean disease known as anthracnose, and which attacks pods, beans and leaves, causes heavy losses. For this disease, sometimes referred to as 'bean spot,' and which resembles apple or tomato rot, there is no satisfactory cure. For this reason Missouri farmers who plan to grow beans should be careful to secure disease-free seed. Anthracnose is transmitted through the seed, through washing or brushing of the fungi from one plant to another, or it may be carried in the soil.

"The bean plant, like all legumes, is a nitrogen gatherer or soil builder. The bean is also one of the most valuable articles of food. Beans may be grown in a variety of soils, but always the seedbed should be well prepared. Planting is in rows about 28 inches apart, an ordinary grain drill or special bean planter being used. In Michigan the small white pea bean is most extensively grown. Marketing is mainly through bean growers' associations."

ST. LOUIS TO FIGHT H. C. L.

Authorities Plan to Have School Children Cultivate Vacant Lots—Park Department to Aid.

St. Louis, in the heart of a rich farm produce center, but hard hit by the high price of food products, is going to take "H. C. L." around the corner and try to slip over the knock-out punch in a battle on a vacant lot.

Real estate owners and agents have promised to let school children turn vacant lots into truck gardens, and H. C. Irish, supervisor of public school gardens, announced the youngsters would be encouraged to work on these patches and to cultivate products in their back yards. It is planned to use the truck grown on the lot "farms" for distribution in the tenement districts. It is also expected the park department will throw open to public use large areas of uncultivated land belonging to the city.

"The average acre of ground will feed five persons an entire year," said Irish. "Uncultivated land is not as productive as land which has been fertilized year after year, but it can be made productive by proper care."

"The best things which the uninitiated can grow are potatoes, beans, beets, tomatoes, lettuce, turnips, carrots, radishes and sweet corn. Most of these can be canned at home and their consumption can be spread over the entire year."

Died From Injuries.

Al McDonald, engineer, injured in a Missouri, Kansas & Texas wreck at Deerfield, is dead at the company's hospital in Sedalia. He was 60 years old and leaves a wife and son.

Prison for Four Bank Robbers.

Four men arrested in Joplin recently pleaded guilty in the circuit court at Neosho to robbing the First National bank at Fairview, December 13. They received prison sentences as follows: Roy Daugherty, eight years; Albert Johnson and Willard Massee, six years; Jesse Cutler, four years. Daugherty, who served seventeen years of a fifty-year sentence in Oklahoma for shooting a posseman following a bank robbery, pleaded for leniency for the others in the case.

Wolf Packs Kill Stock.

A great amount of damage has been done in the lowland district of southeast Missouri this winter by wolves. There are thousands of the animals in the Black and St. Francis river bottoms, and because of the flood waters and several snows they have been starved and are killing cattle, sheep, dogs and other domestic animals. Several instances are known where they have attacked persons. Traps have been placed and quite a number caught.

CRITICS ANSWERED

President Hill of State University Denies Excess Charges in Expense Account.

SCORES COMMITTEE REPORT

Head of Big State School Explains Several of the Expenditures Complained Of.

President A. Ross Hill of the University of Missouri has replied to the criticism of the sub-committee of the appropriations committee of the lower house of the legislature in regard to expenditures at the university.

"The following matters seemed to call for the committee's condemnation:

"Traveling Expenses—The only traveling expense vouchers filed, for which requisitions have not been paid, are chargeable to several appropriations for agricultural extension and station work. These amounted to \$7,849.55 December 31, including only \$11.81 not spent in extension work, but by the agricultural experiment station.

"The committee evidently did not confine its work to an effort to find out whether the university had created any state deficiency by exceeding its appropriations. It takes up the entire question of traveling expenses of university employees for the year 1916. Aside from the various forms of extension work, for which the state makes appropriations to cover traveling expenses and for which communities in some cases pay, the professors of the university do not spend university funds to 'tour this and other states.'

"Ford Motor Cars—The present horticulture grounds of the university are four miles from the horticultural building. The fruit growers of Missouri, I am sure, do not expect us to waste the time of Professor Whitten and his staff by forcing them to walk between the horticultural laboratories and fruit farms. Accordingly a Ford was secured which is equipped with a small truck bed for the transportation of supplies and products to and from the fruit farm and paid for from the sale of products. It did not cost the state institution one dollar.

"These are samples of the expenditures Representative Carroll's committee found subject to criticism. When the university had its hearing before the committee on appropriations I requested an investigation of our expenditures and business methods. No questions have been submitted by the subcommittee, whose report is now published. An honest effort to find out for what purpose university expenditures have been made would have saved the members from the ridicule of Missouri people."

Springfield in War on Sparrows.

The Springfield council has started a war on the English sparrow. An ordinance was passed making it a misdemeanor to fail to destroy the nests of the birds. The bill was introduced by Mayor J. J. Gideon for the protection of other song birds.

St. Louis Fears Food Riots.

Fearing food riots similar to those in New York and Philadelphia, St. Louis police have closed the headquarters of the Feed America First propagandists, which was opened recently. The Rev. R. J. Jonas, former Presbyterian minister in New York, was in charge of the movement. Doctor Jonas denied his organization had planned riots. He said he aimed to educate the people in "back to the land" movements. Meetings had been planned in the public library, he said.

Richmond Holds Primaries.

At the city Democratic primary held at Richmond, Allen T. Broughton was nominated for mayor. W. H. Byers, who had previously served as chief of police for twenty years, was nominated by a majority of ten over the present chief of police. Nominations at the Democratic primary is equivalent to election.

Drought Severe Around Macon.

According to the government's observer at Macon, this has been the driest February since the bureau was established, the precipitation to date being only six-tenths of an inch. The average for February is 2.14 inches. The precipitation during December and January was also unusually scant and some uneasiness is felt about the water supply on the farms.

Motor Kills Kansas City Boy.

Blaine Orput, formerly a linotype operator on a Kansas City newspaper, was killed by a motor car in San Francisco the other night, according to word received at Liberty.

Catarrh for Years No Relief



Three Bottles PERUNA Made Me Well.

Mr. E.H. Lefevre, Jr., 854 Brush St., Detroit, Mich., writes: "I had been troubled with catarrh for a number of years, and had been taking

medicine for it, but they did me no good. In reading one of Dr. Hartman's books entitled 'Winter Catarrh,' I discovered that Peruna was good for catarrh. After I had taken only three bottles of Peruna I was cured of the catarrh. I now advise everybody troubled with catarrh to take Dr. Hartman's Peruna, as it is a sure cure for catarrh.

"Friends to whom I recommend Peruna tell me that it is also good for headache, dizziness, and pain in the stomach."

Those who object to liquid medicines can now procure Peruna Tablets.

COLT DISTEMPER

You can prevent this loathsome disease from running through your stable and cure all the colts suffering with it when you begin the treatment. No matter how young, SPOHN'S is safe to use on any colt. It is wonderful how it prevents all distempers, no matter how colts or horses at any age are "exposed." Consumers may order direct from the manufacturers. Send remittance with your order, 50 cents and \$1.00 a bottle; \$5.00 and \$10.00 the dozen delivered. SPOHN MEDICAL CO., MFRS., COBURN, IND., U.S.A.



More Power.

"How would you like to be an egg king?"

"The egg business is too uncertain. When the hens get busy the egg king's power wanes. I'd much rather be an oil king. He can regulate the demand by cutting off the supply."

**PAIN? NOT A BIT!
LIFT YOUR CORNS
OR CALLUSES OFF**

No humbug! Apply few drops then just lift them away with fingers.

This new drug is an ether compound discovered by a Cincinnati chemist. It is called freezone, and can now be obtained in tiny bottles as here shown at very little cost from any drug store. Just ask for freezone. Apply a drop or two directly upon a tender corn or callus and instantly the soreness disappears. Shortly you will find the corn or callus so loose that you can lift it off, root and all, with the fingers.

Not a twinge of pain, soreness or irritation; not even the slightest smarting, either when applying freezone or afterwards.

This drug doesn't eat up the corn or callus, but shrivels them so they loosen and come right out. It is no humbug! It works like a charm. For a few cents you can get rid of every hard corn, soft corn or corn between the toes, as well as painful calluses on bottom of your feet. It never disappoints and never burns, bites or inflames. If your druggist hasn't any freezone yet, tell him to get a little bottle for you from his wholesale house.—adv.

One must fight as an archangel for freedom, but in freedom one must live as a saint.—Serbian Proverb.

Pimples, boils, carbuncles, dry up and disappear with Doctor Pierce's Golden Medical Discovery. In tablets or liquid.—Adv.

A dealer in British East Africa is in the market for cotton and silk hosiery.

What To Do When Baby Has The Croup

Pennsylvania Mother Advises Use of "External" Treatment —VapoRub.

What to do when baby has the croup is a serious matter in every home. In the South the universal treatment is a good rub over the throat and chest with Vick's VapoRub Salve. The body warmth releases the ingredients in the form of vapors that, inhaled with each breath, quickly relieve the breathing. In addition, Vick's is absorbed through and stimulates the skin, relaxing the nervous tension and taking away the tightness and soreness.

Last winter Mrs. W. M. Rosenberger, 128 W. Broad St., Souderton, Pa., tried Vick's VapoRub for the first time, and writes—

"I have used Vick's VapoRub on my baby when he has had croup and colds in his throat.

"Keep a little VapoRub in your home"



and chest, and it has helped him wonderfully. I think it is the best thing of its kind I have ever used, and always want some in the house."

In addition to croup and colds, Vick's will be found useful in a hundred ways in the home as a salve for burns, bruises, itching, etc. Three sizes, 25c, 50c or \$1.00.

VICK'S VAPORUB SALVE